

# Assisted Living Worker



## POSITION SUMMARY

The Assisted Living Worker delivers exemplary personal care services that enhance life quality and peace of mind for seniors living within the assisted living residence. Under the direction of the Assisted Living Coordinator or Leader delivers personal care and housekeeping, laundry, dining, social/recreation programs as driven by the needs, interests, choices and abilities of assisted living residents. Acts as a member of the program team to support life quality and peace of mind for residents and their families.

## KEY RESPONSIBILITIES

Responds to scheduled and unscheduled requests from residents for assistance with bathing, dressing, grooming, toileting, mobility and medication administration at times of the resident's choosing and/or as outlined in the Service Plan. Reports critical incidents and unusual occurrences to the Assisted Living Coordinator or Leader;

Follows the resident Service Plan and Shared Responsibility Agreement to deliver exemplary personal care and hospitality services within the scope and philosophy of the assisted living program. Delivers medications and performs delegated tasks according to prescribed protocols and methods. Documents care and interactions with residents in accordance with procedure;

Participates in the delivery of social and recreational programs including group activities, outings, special events, spontaneous gatherings and identifies opportunities to promote socialization. Takes initiative in organizing unscheduled social and recreational opportunities wherever possible (ie card games, movies, gardening, etc);

Attends to requests for resident companionship to reduce or prevent social isolation or to respond to changes in resident health and functional status. Reports changes in functional capacity, mood or health status to the Assisted Living Coordinator or Leader. Participates in resident service planning as needed;

Performs scheduled and unscheduled housekeeping and laundry services in resident suites and common amenity spaces within the assisted living residence. Assists residents with completion of personal laundry as needed and assists in the meal preparation/clean up and preparation of snacks;

Responds to emergency calls from residents twenty-four hours each day and uses written procedure, common sense and good judgement to guide actions and mitigate risk or resident discomfort;

Performs administrative tasks that support program administration. Participates in program planning and evaluation and in Quality Improvement activities.

Tours prospective residents at the request of the Assisted Living Coordinator or Leader.

## EDUCATION, QUALIFICATIONS AND EXPERIENCE

- ◆ Resident Care Attendant, Home Support or Assisted Living Certificate or equivalent combination of education and experience
- ◆ Demonstrates a solid understanding of the intent and philosophy of assisted living when planning and delivering personal care and hospitality services
- ◆ Medication administration, delegated function experience an asset
- ◆ Comfortable working alone or in a team environment and in the absence of prescribed work routines
- ◆ Self directed approach - Able to plan, organize and deliver care and services with minimal supervision
- ◆ Food Safe Level I
- ◆ Current First Aide Certification